

Wishes for Our Birth

Delivery Method



Attempt Labor



Cesarean



VBAC

Pain Management



Epidural



IV pain medications



Unmedicated Birth

Seeing/Holding Baby



Immediate skin-to-skin



Dried & swaddled



See but not hold



Taken out of room until ready



Unlimited time with baby



Explain how baby looks before decision



Do not wish to see baby



I need more time

Photographs



Hospital camera



Do not take photos



Printed photographs



I have my own photographer



What are my options if I do not choose to take my photos



I need more time

Bathing Baby



I want to bathe baby



Nurse to bathe baby



Family member to give bath



Bath given outside of room



Bath given inside room



I need more time

Autopsy/Genetic Studies



Autopsy



Visual exam only



Genetic studies

Ceremonies/Rituals



Baptism or blessing by own clergy



Hospital staff to perform blessing



Other ritual



I do not wish blessing/baptism